



**BARNEGAT BAY YACHT RACING ASSOCIATION
P.O. BOX 4237
BRICK, NEW JERSEY 08723**

**BBYRA Junior Sailing Committee Report
April 10, 2009**

As Chair of the Junior Sailing Committee, I report to the Officers and Delegates' the following:

1. The Junior Sailing Coordinators from each of the 14 BBYRA clubs met collectively in September, November, 2009 and February 2010. Thank you to Lavallette, Ocean Gate and Tom River for extending your hospitality to the coordinators. Our next scheduled meeting is the annual June "packet" meeting will be June 14, at Mantoloking followed by CPR recertification for instructors.
2. US Sailing Level 1 Instructor Training is scheduled to be held once again over Memorial Day weekend at Ocean Gate Yacht Club. After many hours on the phone, pleading with Instructor Trainers in Houston, and help from Harry Foote US Sailing has agreed to host a double session, up to 24 participants. Both sessions will be held at Ocean Gate and our two instructors, Steve Gay and Ed Owen, will be housed in style at PC Foote's home.
3. Permits for all junior sailing have been submitted to the Coast Guard. The Coast Guard permitted me to submit only three permits for all 13 clubs' sailing lessons. The Jr. Sailing Coordinators were all notified, at the February meeting that they would have to submit permits to the State Marine Police, for lessons, interclubs and regattas, and the Coast Guard for regattas and interclubs only. Copies of all forms were electronically mailed and hard copies were distributed at the February meeting.
4. In December the Jr. Sailing Coordinators implemented the new Green Fleet Guidelines for Optimist Class. Our intent is to encourage novice sailors and discourage sailors from staying in the green fleet, in order to win races and receive awards. This policy is posted on the BBYRA website and all coordinators were supplied with an electronic copy, 12/10/09 and a hard copy on 2/19/10.
5. We will continue the practice of using the BBYRA website for posting/distribution of Notices of Regatta. NORs are due to the BBYRA webmaster by June 1, 2010. Postcards will also be mailed out in early June 2010 to the 60+ addresses of sailing organizations throughout New Jersey directing them to the BBYRA website for open junior sailing events throughout the BBYRA clubs.

6. Jr. Sailing programs begin on 6/23 for MCYC and on 6/28 for all other clubs ending August 20. The snowy season increased the school calendar for many districts so most programs are beginning a week later than they normally have in prior years

7. Junior Sailing Calendar has been updated and is posted on the website. BBYRA Midget eliminations will be hosted by OCC at IHYC on 7/13/10. Thank you OCC, IHYC and Jim Walsh for hosting and running these eliminations.

8. Downbay Interclub will once again run as a series. All coordinators agreed that using this format was the best for all involved. Each week winners will be awarded a small award, each qualifier, see SIs posted on website, will receive an end of series award and the winners of the overall series will be awarded the perpetual trophies. A special thanks to Peter Sayia for writing the SIs and George Demand who does all the weekly scoring!

9. NJYRA along with the BBYRA will host a seminar on running a good program with featured speaker Kim Hapgood from Sail Newport. This will take place 4/17 at Monmouth Boat Club, see attached flyer.

10. A special thank you to Jack Heacock, without Jack I wouldn't know what was going on when and where.

11. I was fortunate enough to attend the National Sailing Program Symposium in Houston, TX this past February. It was a wonderful experience and I connected with a great number of people from across the country. My report on the symposium is attached. All pertinent information and materials were distributed to the Jr. Coordinators at the February meeting. Thank you for the opportunity to represent the BBYRA and get out of a snow storm!

Respectfully submitted,

Susan A. Proko
Chair, Junior Sailing Committee
Attachments



BARNEGAT BAY YACHT RACING ASSOCIATION

Junior Sailing Committee Meeting
November 15, 2009 at 1000
Ocean Gate Yacht Club

AGENDA

Call to Order

Committee Chair Susan A. Proko

Roll Call

Bay Head	absent	Manasquan	absent	OCC	Seaside Park
Beachwood		Mantoloking		Ocean Gate	Toms River
Island Heights		Metedeconk		Pine Beach	BBYRA
Lavallette		Normandy Beach	absent	Shore Acres	absent

Greeting / Announcements Thank you to OGYC for hosting.

Commodore's Messages Looking forward to working with all of you and looking to promote younger sailors on the bay! Any help or questions please feel free to contact.
Commodore Richard P. Proko

Approval of Minutes Robbie Poole Second Pauline Genakos

Ongoing Business

1. Boxes, Trophies
 - a. UpBay Interclub Box, my possession – who wants? Mike Sparks has box for the 2010 season
 - b. DownBay Interclub Box – 2009 use?
 - c. Are they useful, if not why?
 - d. What needs to be replenished? Looking into the cost of an Ollie Wallie, 1 for up bay and 1 for down bay
 - e. DownBay perpetual trophies, please have forms signed and returned to me Robbie Poole to coordinate this list and keep track of trophies, to PDF Susan Proko the signed releases.
2. Update 2010 Coordinators' List see attachment
3. Green Fleet Language for NORs see attachment
4. 2010 Symposium – February 3-7, 2009 Houston TX with off-site workshops
BBYRA Jr. Sailing will be represented
5. 2010 Calendar check new dates on website for regattas
 - a. Level 1 - at OGYC on May 28-31, 2010; looking for an up bay host same weekend MYC to host upbay if USSailing will coordinate an extra class for 14

- b. Meetings - June 14th Packet meeting/CPR re-cert @ MYC? 6:30 Packet meeting, 7:30 CPR, Susan Proko to coordinate the CPR and inform coordinators when their instructors can sign up.
- c. Midget Eliminations – July ?? date to be determined by Jim Walsh July 28, 2010, OCC to host from IHYC

6. Any needs for training/clinics/seminars for instructors for 2010?

- a. Ideas/Suggestions Watch for Level II at Barnegat Light in early June 2010
- b. Protest Workshop – instructors or junior sailors Tentative Protest workshop for instructors on June 25, 2010 time and place TBA

7. Laser 4.7 - Rig and Sail available from Colie to lease, please query parents for interest will be requesting to use it for 4 weeks down bay at OGYC during the season, will be available for additional time from Colie

8. Next meeting 2/19, host needed TRYC at 7:30pm

Breakouts - UpBay & DownBay

Adjournment



**BBYRA Junior Coordinators' Meeting
February 19, 2010
Toms River Yacht Club**

AGENDA

Call to Order
Roll Call:

Committee Chair Susan Proko

Bay Head P	Manasquan P	OCC A	Seaside Park P
Beachwood P	Mantoloking P	Ocean Gate A	Toms River P
Island Heights P	Metedeconk P	Pine Beach P	BBYRA P
Lavallette P	Normandy Beach P	Shore Acres P	

Greeting/Announcements Thanks to George Demand and TRYC for hosting.

Approval of Minutes Peter Sayia second Robbie Poole

Ongoing Business

1. 2010 National Sailing Program Symposium
 - a. Registration Solutions see handouts
 - b. Tricks for program/head instructors see handouts
 - c. Racing Drills PacMan, starts, markroundings
 - d. Regatta Safety Maintaining safe regattas, continue to monitor surrounding, weather, fleets etc...
 - e. Golden Anchor see handout, quality program to offer parents through your own program
 - f. US Powerboating see Susan for information if you are interested
2. Ollie Walack anyone interested, MYC has 1 No interest in purchasing at this time
3. Update of Coordinators' List any additions deletions email Susan with and she will get to Jack to post on website
5. Green Fleet Language adopted 12/15/09, see attached email Susan with result of all Green Fleet regattas this summer and she will maintain the spreadsheet for the top 3 finishers for the next 2 seasons
6. 2010 Calendar –
 - a. Meetings: June 14th Packet meeting/CPR re-cert @ MYC \$30 per person cash or check made payable to Susan Proko, email Susan by 4/1 with list of participants from your club. MYC to have a tv and vcr available for this training.
 - b. June 25th for instructor training - topics? No extra time or interest at present, will not happen
 - c. NJYRA Seminar 4/10 or 4/17 As soon as a final date and place picked by NJYRA will inform the coordinators, great program, really worth the time
 - d. any dates missing....Merrick 8/16, BHYC Jr Race Week 8/10-8/11
 - e. Level 1 training One session, to take place at OGYC 5/28-5/31, will open up on USSailing's website on Monday, 2/22/10 with 12 slots. BHYC has offered to host a second session that weekend also, if USSailing commits an Instructor Trainer to this second session I will post all information. The only way for a student to register for this course is online at USSailing's website, they must have a USSailing member number. Please make sure all of your instructors are up to date in CPR, First Aid and their Level I Certification, recertification can be done on line at USSailing's website; see my email with link dated 1/28/10. Level II will hopefully take place 6/26-6/27 in Avalon, check USSailing's website for further information. The more Level II instructors we have the better for our entire program, consider sending as many people as you can.

7. **New Business** Action Plans should be posted in every club and every instructor should have a copy laminated with them at all times. Mike Spark and Tom Gavula to send out their club's plan to use as a template.

Coast Guard permit for sailing lessons for all clubs have been filed by Susan Proko. Each club is responsible to submit the Coast Guard(handout) and State Marine Police Permit for their own regatta. Each host club for an Interclub must submit the permits to these two organizations for their host date.

For State Marine Police Permit see email dated 1/17/10.

Please email Jack Heacock all NORs/SIs by 6/1/10 to post on BBYRA website

8. Break out Upbay/Downbay Interclub meetings

Upbay - 7/2 Opti/Sunfish MRYC, 420/Laser MYC
7/15 Opti/Sunfish MRYC, 420/Laser MCYC
8/2 420/Laser NBYC

Downbay -7/14 IHYC Host
7/14 OGYC Host
7/21 SPYC Host - All fleets to sail from SPYC
8/4 BYC Host - End of series awards and refreshments
8/11 PBYC Host- GREEN FLEET ONLY

9. **Next Meeting** – 6/14/10 – 6:30 pm – MYC Packet Meeting, please bring 20 copies of NOR/SIs for any regattas for your club. CPR Re-Cert at 7pm.

10. **Adjournment** 9:30 pm

Summary of 2010 US Sailing National Sailing Programs Symposium
2/3-2/6/10

Wednesday, February 3

Arrive 7:30pm at South Shore Harbour Resort & Conference Center, missed opening cocktail party

Thursday, February 4

First Session: Keynote speaker - Nick Hayes

Nick Hayes author of Saving Sailing; The Story of Choices, Families, Time Commitments, and How We Can Create a Better Future Nick's book looks at why participation in sailing is declining in America, down more than 40% since 1997. He shows how pressures on free time have increased, and how, in response, many Americans have turned to less rewarding forms of spectator or highly structured activities. Our own Roy Wilkins was one of the 1400 sailors interviewed for the book.

Workshop: Tricks every Sailing Director needs to know

Presenter; Stu Gilfillen

From using buckets to making anchors, white electrical tape to repair boats quickly, to using weekly news letters, electronically; Face Book to get information to Jr. sailors to implementing emergency medical procedures.

Lunch:

Sat with other Area C representatives.

Second Session: Keynote speaker Angela D. Seaworth

Best Practices for Fundraising in the current economy

Ten quick tips to help fundraise when money is tight.

Third Session: The Rozallia Project, Rachael Miller

The mission of the Rozalia Project is to find and remove marine debris through action!

They will be between the Barnegat Bay and Mt. Desert Island, Maine this summer. I am in contact with Rachael to see if there is anyway to tie this into our Jr. Sailing programs.

Workshop: Best Drills

Presenter: Cappy Capper/ David Elsmo.

Different drills were presented to assess and sharpen skills. Advance planning of all programs is key to success. A goal both daily and weekly along with communication prior and after all sessions is a must!

Fourth Session: The 41 Developmental Assets of Youth

Presenter: Flora Sanchez

As a senior trainer and consultant with Search Institute since 1995 she helped to develop the Developmental Assets framework which cites the connection between the asset framework and decreased risk behaviors and improved thriving behaviors. We looked deeper into the concept of asset building focusing on strategies that can be implemented immediately.

Friday, February 5

First Session: Keynote speaker Margaret Podlich

What's Up in Boating – Govt. regulations, laws, etc. As a competitive sailor, member of the 2006 & 2007 US Sailing Team, with Carol Cronin in Yngling; competed in Laser Masters Worlds 2009 and sailed her 7th Rolex Women's Keelboat Regatta 2009, is now the Vice President of Government Affairs at BoatUS. She spoke to mandatory boater education, mandatory lifejacket and what is considered legal here vs legal in Europe, Ethanol and how it can impact programs. Aliens species and how/why they can become so dangerous and access to water; what are we doing to provide access to the public. Her biggest push is for grassroots communications to help shape laws and policies which impact all aspects of boating. *See handout*

Workshop: Wake up call for Regatta Safety Awareness

Presenter: Tom Hubbell

Know your audience, facility, RC, boats being sailed (are they self rescuing), any sponsors, weather, Safety Plan and SIs. After listening to Tom I was pleasantly surprised that the safety issues he spoke of are the issues all of the Jr Programs within the BBYRA already address. Our regattas, I feel after hearing some horror stories, are some of the safest sailed. Only shows how seriously our program chairs are committed to safety.

Buses to Lakewood Yacht Club Houston, Texas

Buffet Lunch provided LYC

General Session: Oakcliff Sailing Center – Sailing as a Profession

Presenter: Dawn Riley

A who's who in sailing has a new passion the Oakcliff Sailing Center on Oyster Bay, NY. Her Acorn program (think of it as an MBA that uses sailing as its focus) is intensive and strenuous—both on and off the water. Acorns work under tight deadlines and attend daily classes that cover everything from the sponsorship/business side of sailing to high-level match racing skills, from proper wet sanding and team management to basics in budgeting, accounting, and business ethics. Graduating Acorns are fully prepared to manage race boats, sail in the America's Cup, or become a business entrepreneur. At Oakcliff, we see Acorns as the people who will carry our mission forward, representing the center, its supporters, and America in the world of competitive sailing

Workshops:

How to Plan and then, Play, Play, Play –Presenter Rachael Miller see handout

Fleet Maintenance - Presenter Michael Zavell (Laser Performance)

Sailing Drills- Coach Ryan Mynth and 3 local sailors, 1 of whom is part of US Sailing Development team

Motorboat Maintenance – Presenter Lynn Walls

Dinner hosted by Laser Performance and Registration Solutions at LYC

Saturday, February 6

First Session: Keynote speaker Dean Brenner

Searching for Direction- Leadership Communication in the 21st Century

As chairman of the US Olympic and Paralympics Sailing Dean and founder of the Latimer Group, Dean brings his formula to program directors: create a winning team, communicate to the team what the goals are, clearing any roadblocks for your team, be the cheerleader, be in constant communication, create clarity, ownership and finally trust.

Workshop: On-line Registration: Taking out the mystery

Presenter: Ken Taylor

The company who works with US Sailing to all of their on line registration, we interface with this company when our program kids register for JOs.

Workshop: Road to the Championships

Presenter; Cappy Capper-US Sailing Level Two Master Coaches Trainer and Level 3 Certified Coach

Cappy spoke to his experience with 3 young ladies 2 of whom ultimately won the Bemis trophy, the challenges and trial they all faced in achieving a 3 year goal.

Lunch: A chance to sit and meet with a group of Community Sailing Directors from the Southern part of the US.

Workshop: RTC Regional Training Coordinators

This workshop was for RTCs and IT(Instructor Trainers), I went with the intention to get ITs to come and do a Level 1 Instructor Training here on the Bay in late May. I was successful and have formed relationships with a number of ITs throughout the county.

Round Table: The 10 Biggest Mistakes Made by Sailing Directors

Pannel: Guy Fleming, Jon Faudree and Cappy Capper and Stu Gilfillen

I was so happy to hear that all or our problems seem to be universal. No we are not the only clubs with difficult parents, with boats that break down, with staff who seem very immature, and with our own baggage we bring everyday to our programs.

Keynote Speaker: Tucker Thompson

Sponsorship for Sailing

Tucker, a national award winning sailing TV and video commentator, was not able to fly out of BWI due to sever weather but did send a video presentation on media coverage and finding out what sponsors want.

Community Sailing Council Awards

Hors d'oeuvres cocktails (cash bar)

US Sailing National Sailing Programs Symposium Budget: \$2000.00

Actual:

Flight \$227.91

Registration \$175.00

Room & Taxes \$533.12

Misc 153.33(food/trans)

Total: \$1089.36

Participants came from all over including Hawaii and Puerto Rico. I did connect with 2 other from NJ, one from FOBH and the other from CRYC. A lot of attendees were representing community sailing organizations and programs. Most of these community sailing organizations have a paid coordinator/program chair.

I did not purchase the books for all of the clubs, as done last year, I simply copied what I felt was important information and distributed it at our February meeting.

Should anyone want any of the information I would be happy to copy and send the material to the individual.

Respectfully submitted



Susan A Proko

Chair, Junior Sailing Committee



North Jersey Yacht Racing Association Barnegat Bay Yacht Racing Association

BBYRA and NJYRA working in cooperation are very pleased to announce a seminar on junior sailing programs presented by **SailNewport's Program Director Kim Hapgood** who is a nationally renowned junior sailing consultant. This seminar is targeted towards yacht club junior program chairs, but is open to head instructors, regular instructors and all interested in junior sailing.

Are you starting or heading a newer junior program and need some help getting started or organized? Are you heading an established program but you have a nagging problem or some brand new concern? Do you need to bring someone up to speed to head your program in the future? Want to know what other programs in our region are doing? Want to know what US Sailing and your local Yacht Racing Association can help you with? Want some ideas on keeping the non-racer in your program? Kim will be able to help you with all of this and more. New program or old it never hurts to see what else is going on. Help and information are out there. No one needs to re-invent the wheel.

Date & Time: Saturday April 17, 2010 Registration: 8:30am Seminar: 9:00am – 3:30pm
Location: Monmouth Boat Club, Red Bank, New Jersey
Cost: Fees are on a per club basis for seminar plus per person for lunch:
 \$40.00 per club sending a representative & for non-affiliated individuals plus
 \$10.00 per person attending for lunch.

Agenda*: Some of the Topics to be Addressed Include:
 Overall Program Management
 Getting Parents Involved and How to Manage Them
 Staffing: Hiring, Training, Dismissing
 Safety Issues and Risk Management
 Inter-Club Activities: Their Benefits and How to Organize Them
 How US Sailing Can Help Your Program
 What your local YRA Can Help You With
 Keep the Non-Competitive Student in Your Program

Please RSVP by April 14 with your club's headcount for lunch planning and for handout copying.

RSVP's can be left with or for additional information contact:

Jeff Jacobi 7 Malibu Drive, Eatontown, NJ 07724 (732) 935-1996 g.jeffery.jacobi@verizon.net

Pre-registration forms and checks: Mail to Jeff Jacobi
 (checks to be made out to: NJYRA)

Yacht Club _____ Number Attending _____

Primary Contact Information _____

Directions to Monmouth Boat Club: 100 Water Street, Perth Amboy, New Jersey 732-826-2277

From Garden State Parkway North: Take Exit 109. After clearing the toll booth make a left onto Monmouth County Route 520 (Newman Springs Road) and follow common directions below.

From Garden State Parkway South: Take Exit 109 and keep right on off ramp to merge onto Monmouth County Route 520 (Newman Springs Road) and follow common directions below.

Common Directions: Follow Monmouth County Route 520 (Newman Springs Road) east till it dead ends. There will be a Dunkin' Doghuts on your right and a set of railroad tracks on your left. Make the left at the light, cross the tracks and go straight onto Broad Street (**DO NOT THE LEFT AFTER CORSSING THE TRACKS!**) Follow Broad Street till the end. Make a right onto Front Street and then make an immediate left onto Wharf Street. Then make the first left onto Union Street and the club is at the base of the hill on your right. Parking meters are not enforced on Saturdays (despite signs). If there is no parking on Union Street go back to the intersection of Union and Wharf Streets and make the left to go down the hill on Wharf and there is additional parking along Wharf and at Marine Park at the base of the hill.

Coming from NJ Route 35 South: Take Route 35 south over the bridge from Middletown into Red Bank. At the light on the Red Bank side proceed straight onto Bridge Street (do not make either the left or the right at the light). Follow Bridge Street to the first light and make a left onto Front Street. Follow Front Street past the traffic light at the intersection with Broad Street, make the left onto Wharf Street and follow directions from Wharf Street as above.

Got stuck? Call Monmouth Boat Club the day of the seminar at 732-741-9858.



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GREEN FLEET GUIDELINES FOR OPTIMIST CLASS

1. BACKGROUND

The United States Optimist Dinghy Association (USODA) is the national class organization for Optimist sailing in the United States. The USODA defines Green Fleet as a special fleet for beginners. Green fleeters can be any age up to 15. A green fleet might have skippers who are as young as 6 and as old as 15, but sooner or later they'll move into their age-appropriate fleet. A ten year old green fletcher would move into white fleet, a thirteen year old green fletcher would move into red fleet, etc.

The purpose of the green fleet is to encourage novice sailors. To discourage sailors from staying in green fleet, in order to win races and receive awards, USODA's policy is to present "Participation Awards" to all skippers sailing in the green fleet. By not crowning a champion, sailors and their parents, are encouraged to move to the appropriate age fleet as they become more confident of their abilities.

2. THE BBYRA

Consistent with the USODA, the Barnegat Bay Yacht Racing Association (BBYRA) wants to encourage novice sailors to attend and participate in regattas. We look to avoid "trophy hunting" by experienced Optimist sailors who continue to compete in Green Fleet after having demonstrated they have mastered the skills for higher-level sailing.

3. CONDITIONS FOR GREEN FLEET

The Junior Sailing Committee has adopted the following conditions for Green Fleet effective December 15, 2009.

3.1 The top three (3) Green Fleet finishers will be posted and tracked by the Junior Sailing Committee. A sailor who finishes in the top three (3) in any three (3) regattas or interclubs during any two consecutive calendar year period shall move up to their next respective fleet (White, Red, Blue).

3.2 Rookie Regatta at Manasquan River Yacht Club (MRYC) - The Rookie Regatta at MRYC is designed for First Year Sailors only. Any child who competed in the prior calendar year shall not be eligible to compete in the Rookie Regatta.

3.3 No Tears Regatta at Toms River Yacht Club (TRYC) - The Beginner (Green) Fleet in the No Tears Regatta at TRYC is designed for First Year Sailors only. Any child who competed in the prior calendar year shall not be eligible to compete in the Beginner (Green) Fleet at the No Tears Regatta.

4. PRIZES

The BBYRA encourages Regatta Organizers to:

- a) Post only the race scores of the top three (3) Green Fleet finishers
- b) Present "Participation Awards" to all skippers sailing in the Green Fleet
- c) Awards should be given to Green Fleet sailors in a manner that does not disclose the order of finish (ex. by sail number or name) except for the top three (3) finishers